

# TECHNICAL DATA SHEET

Your metabolism is most active during the first 90 minutes of sleep, particularly following a short fasting period. Fasting removes food from the digestive tract so that the body uses its own muscle protein and fat reserves as a source of energy. However, we only want to burn the fat, not the muscle. The balanced protein in Dream Away keeps the body from metabolizing lean muscle mass. As a result, protein reserves actually increase and the body burns fat for energy.

We scientifically combined proteins and Aloe Vera with: **Chromium Picolinate**, a mineral highly prized for its role in achieving optimum metabolism; **L-Phenylalanine**, a fat-burning amino acid that helps support metabolism; **Collagen**, to help regulate nocturnal hypoglycemia and assist in the production of lean body tissue; **Melatonin**, a powerful anti-oxidant that promotes sleep; and **Glucosamine Hydrochloride**, an essential element for optimal joint function and health.

Each serving contains:

- Pure Water
- Glycerine
- Whey
- Collagen
- L-Phenylalanine
- Chromium Picolinate
- Melatonin
- Aloe Vera
- Black Cherry
- Albumen
- Citric Acid
- Glucosamine Hydrochloride
- Potassium Benzoate (found in blueberries)
- Potassium Sorbate (found in blueberries)

## SUGGESTED USE:

One tablespoon with 8 ounces of water on an empty stomach immediately before retiring for the day. Your last meal should be at least three hours before taking Dream Away. Dream Away is not a meal replacement! Eat three regular meals. It is vitally important that you drink at least eight glasses of water each day. It is recommended you stay on the program for a minimum of three months, but results may occur in the first week or month.



PRODUCT SPECIFICATIONS	
PRODUCT NUMBER	LF800
DESCRIPTION	30-day supply
QUANTITY	15 fl oz/500 ml

## Nutrition Facts

Serving Size: 2 tbsp. (1 oz. • 30 ml)  
Servings per container: 32

### ACTIVE INGREDIENTS PER SERVING:

Protein Complex	• 129 mg
Glucosamine Hydrochloride	• 100 mg
L-Phenylalanine	• 50 mg
Collagen	• 30 mg
Melatonin	• 500 mcg
Glucosamine Hydrochloride	100 mg**

\* U.S. RDA (Recommended Daily Allowance) not established

Percent Daily Values (DV) are based on a 2,000 calorie diet. Your Daily Values may vary higher or lower depending on your specific calorie needs.

WARNING: PREGNANT OR LACTATING WOMEN, OR PEOPLE WITH BLOOD SUGAR IRREGULARITIES SHOULD CONSULT A PHYSICIAN PRIOR TO USING THIS PRODUCT.

DREAM AWAY

