



# HERBAL TABS

## TECHNICAL DATA SHEET



### INGREDIENTS:

Life Force International formulated **Herbal Tabs** as food for the gastro-intestinal tract to provide those nutrients essential for proper digestion, absorption and elimination. We synergistically combined health-enhancing herbs, enzymes and sea vegetation to nourish and cleanse the bowels. When used as suggested, **Herbal Tabs'** mild, natural and non-habit forming phytonutrients break down impacted accumulation along colon walls and flush it out.

**SENNA**—an excellent source of cathartic acid which fosters safe and brisk elimination.

**BUCKTHORN BARK**—A mild, but certain purgative found useful in habitual constipation.

**PEPPERMINT**—A soothing anti-spasmodic which alleviates discomfort, reduces flatulency and aids digestion.

**LICORICE ROOT**—A popular flavoring agent which reduces cramping while facilitating the effects of other herbs.

**CASCARA SAGRADA**—A natural bark which is the most widely used cathartic on Earth.

**PSYLLIUM HUSKS**—An effective bulking agent.

**FENNEL SEED**—A common flavoring agent which expels gas and relieves colic.

**CITRUS PEEL POWDER**—An unexpected source of relief for colic which also facilitates the healing of ulcers.

**GINGER**—A well-known spice that relieves cramping and colic while stimulating the mucous membrane.

**PEPSIN**—A natural enzyme which breaks down proteins.

**RHUBARB ROOT**—A natural blood cleanser used for chronic indigestion.

**ANIS SEED**—A long-used spice which expels gas.

**BLUE MALVA FLOWER**—A beautiful flower with mild laxative properties.

**SEA VEGETATION**—A blend of sea vegetation which detoxifies the bowels while providing an exceptional source of vitamins, macro minerals, ultra trace minerals, enzymes and amino acids.

### PRODUCT SPECIFICATIONS

PRODUCT NUMBER	LF113
DESCRIPTION	30-day supply
QUANTITY	120 tablets