

TECHNICAL DATA SHEET



INTESTINAL TONE

INGREDIENTS:

Life Forces **Intestinal Tone** is the highest grade of 100% pure Psyllium available. Our natural blend of 80% husks and 20% seeds provides a balanced mix of soluble and insoluble fiber, both essential for optimal intestinal health.

Gentle and effective, the soluble fiber from the husks helps absorb and eliminate cholesterol, fats and toxins that accumulate in the colon. The insoluble fiber from the seeds provides the bulk needed to promote peristaltic action and eliminate waste while allowing for improved absorption of nutrients.

Intestinal Tone contains no chemical stimulants, sugar, salt, preservatives or artificial flavors. This is a fiber product. Low fat diets rich in fiber containing grains, fruits and vegetables may reduce the risk of some types of cancer, a disease associated with many factors.

Not for use by children under the age of six.

SUGGESTED USE OF INTESTINAL TONE:

One rounded teaspoon in eight to ten ounces of water or juice in the morning and evening. Stir briskly and drink immediately.



PRODUCT SPECIFICATIONS	
PRODUCT NUMBER	LF111
DESCRIPTION	30-day supply
QUANTITY	14 ounces/379g

Nutrition Facts	
Serving Size: 1 tsp. (6g)	
Servings per container: 66	
Amount per serving	
Calories 0	
	%DV*
Total Fat 0g	0%
Sodium 0g	0%
Total Carbohydrate 5g	2%
Dietary Fiber 5g	20%
Sugars 0g	0%
Protein 0g	0%
* Percent Daily Values (DV) are based on a 2,000 calorie diet. Your Daily Values may vary higher or lower depending on your specific calorie needs.	